

New medication-assisted treatment (MAT) program offers more effective approach to fight chemical dependency

Substance abuse is a critical and fast-growing problem in our community, especially for residents abusing opioids, such as prescription pain medications and heroin.

Western Sierra has recently expanded its addiction treatment program.

The nonprofit health center, in collaboration with medical providers and local agencies, has developed a medication-assisted treatment (MAT) program for opioid abuse.

Western Sierra, the only health center with a MAT program in the region, is committed to helping residents chemically dependent on or abusing prescription medications – such as Vicodin, OxyContin and Percocet – heroin and other opioids.

Under the MAT program, patients receive medication to help reduce their need for opioids. The medication is just a piece of solving the substance abuse problem. Western Sierra will include behavioral health and health care as part of the program. Diet and exercise are also important for those dealing with substance abuse.

Western Sierra's multifaceted approach will help increase the success of patients completing the program.

Information

Interested in learning more about the MAT program at Western Sierra Medical Clinic?

Call 530-274-WSMC (9762)

LOCATIONS

Grass Valley

844 Old Tunnel Road
Grass Valley, CA 95945
530-274-WSMC (9762)
Urgent Care services available

Downieville

209 Nevada St.
Downieville, CA 95936
530-289-3298

Penn Valley

10544 Spenceville Road
Penn Valley, CA 95946
530-274-WSMC (9762)

Auburn

12183 Locksley Lane, Suite 106
Auburn, CA 95602
530-274-WSMC (9762)

3111 Professional Drive
Auburn, CA 95603
530-274-WSMC (9762)

Kings Beach-Tahoe *(coming soon)*

8865 Salmon Ave.
Kings Beach, CA 96143
530-274-WSMC (9762)

CoRR Health Services

180 Sierra College Drive, Suite 100
Grass Valley, CA 95945
530-274-WSMC (9762)

Your health is our priority

Committed to solving substance abuse with new medication-assisted treatment (MAT) program



Who is eligible for the MAT program?

Residents in Nevada, Sierra and Placer counties who want to address a chemical use problem and change their life are encouraged to contact Western Sierra. Medical assistance plus a willingness to defeat substance abuse and live a drug-free life can help overcome barriers.



How can residents apply for the MAT program?

Residents can call the health center to apply or learn more about the program. Primary care providers from Western Sierra or the community can refer residents to the MAT program.

How will applicants be chosen for the MAT program?

Western Sierra MAT health professionals will meet with applicants and assess if they are a good candidate for the program.

How long does the MAT program last?

In general, patients are enrolled in the MAT program for one year. But treatment could last more – or less. After completing the MAT program, patients are strongly encouraged to continue to participate in recovery programs afterwards. The goal is a lifelong change and avoiding substance abuse in the future.



How often will patients meet with MAT program clinicians?

In the beginning, patients will meet with their clinicians at least once a week. Appointments will likely become less frequent the longer the patient is enrolled in the program.

What is the cost for the MAT program?

Many health insurance plans accept MAT program treatment. For those without health insurance or a plan that covers MAT programs, Western Sierra will establish a sliding scale payment program based on a patient's income.

Additional frequently asked questions are available on our website, wsmcmed.org/addiction-management

Did you know...

- › California had 11,500 residents who overdosed on opioids in 2013 – about 1 overdose every 45 minutes.
- › California spent almost \$4.3 billion on treating opioid abuse last year, or about \$110 per resident.
- › Commonly prescribed pain medications Vicodin, OxyContin and Percocet are opioids.

